



Cambridge Elementary Monday Mail

1001 Townsend Avenue, SA, TX 78209

MONDAY, NOVEMBER 4, 2019

MONDAY 11/4	TUESDAY 11/5	WEDNESDAY 11/6	THURSDAY 11/7	FRIDAY 11/8
Happy Monday!	Enrichment Classes 3:45-4:30pm	Enrichment Classes 3:45-4:30pm Papa John's Dinner Night AH School Foundation Greater Heights Night (The Witte) 6:00 pm	Enrichment Classes 3:45-4:30pm	Happy Friday!
MONDAY 11/11	TUESDAY 11/12	WEDNESDAY 11/13	THURSDAY 11/14	FRIDAY 11/15
Hero's Celebration (CE Auditorium) First ceremony: 2nd & 5th Gr 9-10am Second ceremony: 1st, 3rd, & 4th Gr 10:15-11:15am	Enrichment Classes 3:45-4:30pm Family Night NO Homework Choir Performance - Veterans Day (Tower of the Americas) 6:00-6:30pm	PTO General Meeting (CE stage) 12-1pm Enrichment Classes 3:45-4:30pm Progress Reports Go Home Gifted and Talented Parent Meeting 1st and 2nd Gr (CE Library) 6:00-6:30pm	Spanish Spelling Bee 9:00-11:30am Stage Enrichment Classes 3:45-4:30pm	Mule Game Rock Concert 1st, 2nd, & 3rd 2:15-2:40 4th & 5th Grade 2:50-3:15

School News

Heroes Celebration/Veterans Day! Cambridge will honor veterans, active military, and our community police and fire departments on Monday, November 11 at a Hero Celebration! We will have two ceremonies to accommodate all grades and visitors. The first ceremony (2nd and 5th grades) will be begin at 9:00 in the Cambridge Auditorium. The second ceremony (1st, 3rd and 4th grades) will begin at 10:15.

Students and staff are encouraged to send a picture of their family member who is a veteran to put on our Veterans Wall of Fame located outside of the Principal's office. Please write the name of the student and her/his teacher's name on the back of the picture so it can be returned. We love our country, and it is important to remember those who served to keep us safe and free.

ATTENTION Military Families: HOOAH Huddle - AHISD and Cambridge LOVE our military children and we want to SUPPORT and CELEBRATE them! We have developed a new group for military connected students, The "HOOAH Huddle"! Our group will get together once per month during students' grade level lunchtime, led by staff members also connected to the military. When we "huddle", our purpose is for military kids to have time to visit with other military kids and to be active in supporting our military community. We are also planning to celebrate them specifically in April during the "Month of the Military Child". If you are a military family, please complete the google form below, ONE FOR EACH OF YOUR CHILDREN AT CAMBRIDGE to give us a more accurate count of our kiddos in the "HOOAH Huddle"! <https://forms.gle/gXsxTwpaENTckwU1A>

GIFTED AND TALENTED PARENT MEETING, 1ST AND 2ND GRADE: WEDNESDAY, NOVEMBER 13, 2019 at 6:00 pm in the CAMBRIDGE LIBRARY. You are invited to attend a parent informational meeting regarding placement in the HEIGHTS (GT) program. We will explain how the CogAT and IOWA test scores are used for placement in the elementary gifted program. Attendance is not required to nominate your child. However, we will not accept nominatons for 2nd grade students after November 18, 2019, and 1st grade students after January 9, 2020. There are nomination forms in the Cambridge main office available for pick up.

Thanksgiving Luncheon: Avoid the line for our Thanksgiving Luncheon on Thursday, November 21st by clicking here to pre-register for your visitor's sticker in advance. By pre-registering, your visitor's sticker will be sent home Tuesday the 19th with your oldest child, and you can wear it to Cambridge the day of the luncheon and walk straight to your child's dining location.

This year doors to Cambridge open at 7:40am. Right At School, our new childcare program, is available at 7:00am. Only parents dropping off and picking up for Right At School should be pulling into the back parking lot.

- **ENTER - through gate on Cambridge Oval**
- **EXIT - Ogden**

School Hours: (Constables: 7:30-8:15am & 3:25-3:55pm, daily)

7:40am Cambridge Doors Open

8:05am Students to Class

8:15am Tardy Bell & School Begins

3:30pm Bus Riders & Car Riders Dismissed

3:37pm Walkers & Bike Riders Dismissed

Student Daily Schedule:

Please be aware that checking students out during these time could take up to 10 minutes approx.

<u>GRADE</u>	<u>LUNCH</u>	<u>RECESS</u>	<u>SPECIALS</u>
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1 ST	11:25-11:55am	11:55am-12:25pm	9:35-10:35am
2 nd	10:55-11:25am	1:25-1:55pm	11:45am-12:45pm
3 rd	12:30-1:00pm	10:10-10:40am	10:40-11:40am
4 th	11:55am-12:25pm	11:25-11:55am	1:20-2:20pm
5 th	1:00-1:30pm	12:30-1:00pm	2:25-3:25pm

Car Riders: To ensure a speedy pick-up process during dismissal time, please make sure you have your number tag visible in your car. If you do not have a number tag, please contact the office to get one. Thank you!

Transportation changes must be arranged before 2:30pm. After 2:30pm students will be released by the regular scheduled bell. **If picking up your child early for appointment, please** submit notice to the front office before **3:00pm**. After 3pm it will be difficult to have the student in the front office.

Lunch Drop Off/Delivery: We are discouraging the dropping-off of lunch to our students. Parents are still encouraged and welcome to come to school and have lunch with their children. This is a time honored tradition in AHISD, and it is very positive for our children. We want to encourage healthy, constructive social interactions during lunch time to build community and positive relationships among all students. To be clear, we are discouraging drop-off lunch, not prohibiting it. There may be times when lunch drop off is necessary. However, the practice of dropping off lunch has unintended consequences that include safety and exclusivity concerns, not to mention being disruptive to office operations when so many lunches are delivered. Thank you in advance for your support as we help improve the culture in our community and school.

Birthdays and Celebrations: We cannot have birthday parties at school, but parents may send cupcakes, cookies or muffins on their child's birthday for the class to enjoy after your child's scheduled lunch time. We ask that you leave the treats at the front desk instead of you walking them to the classroom. Party invitations given out should be inclusive of the entire class or not be given out at school. A class count can be obtained from the teacher. We do NOT deliver flowers, gifts, or balloons to classrooms and students may not bring them to school.

Notes from the Coach:



Cambridge is rocking and rolling towards their "MAXYOURDAYS" adventure!!!

SUBWAY KIDS ROCK San Antonio is an eight-week cumulative marathon training program that started on October 14th. Please encourage your child to take on this challenge and keep up with logging their miles. In December, we would love for every Cambridge student to be able to say they ran a marathon. . .WOW!!!

Seven laps around our track makes a mile!!!

Healthy Kids are Happy Kids: Who is this for? Our participants are kids, ages 2-14. They run the same age-appropriate distance each week. Distances are 50 yards to 1 mile in length and are cross country style running (no track). Our main goal is having FUN and starting off the week in an active way. We encourage children to push themselves to improve each week. For more information and to register your child, please visit: [Healthy Kids Running Series Fall 2019 - San Antonio, TX](#)

CHEF Bites: The October CHEF Bites recipe will show us how to prepare nutritionally balanced recipes that focus on wholesome and minimally processed ingredients. The best foods are natural ones that grow from the ground so our goal is to fill half of our plate with colorful fruits and vegetables...the colors mean you're getting lots of good stuff for your body. And eat them when they are fresh to taste the delicious flavor! It is apple season, so enjoy this "Apple Salsa" recipe!!!



chefsa.org

Apple Salsa

6 Servings • 1 Serving = ½ Cup

INGREDIENTS

- 2 cups Granny Smith apples, diced
- 1/3 cup lime juice
- ½ cup red bell pepper, diced
- ¼ cup red onion, diced
- ½ cup cilantro, minced
- ¼ teaspoon garlic salt
- ¼ teaspoon freshly ground black pepper

DIRECTIONS

1. In a bowl, combine the apples with the lime juice. Add all other ingredients and mix well.

Nutrition Facts

6 servings per container

Serving size 1/2 cup

Amount per serving

Calories 30

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	0%
Potassium 99mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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PTO News

Support Cambridge Clothes Closet: For the month of November, we will be accepting donations of New Underwear and Socks (boys/girls size 8-14), deodorant, hair ties, and toothpaste. Donations can be dropped off in the bin located in the foyer. Thank you for your support!

5th Grade Yearbook Ads: Submissions for 5th grade yearbook ads are due **December 6th, 2019**. Ads may be purchased by credit card in the Mule Market at www.cambridgepto.org or by check with the form below. Turn in the form and check to the front office, attention Pati Maroney, or email high-quality scanned photo and 40-word ad to cambridge09yearbook@gmail.com no later than **December 6th, 2019**.

5th Grade Yearbook Ads

Submissions for 5th grade yearbook ads are due **December 6th, 2019**.

Each ad space is limited to **one picture and 40 words**. Multiple ad spaces may be purchased for \$40 each to add more pictures or words. Maximum of 2 ads per student.

Ads may be purchased by credit card in the Mule Market at www.cambridgepto.org or by check with this form. Checks should be made to Cambridge PTO, and must include phone number and driver's license.

Turn in the form and check to the front office, attention Pati Maroney. Please include your 40-word ad submission with this flier, and attach original photo. Or email high-quality scanned photo and 40 word ad to cambridge09yearbook@gmail.com no later than **December 6th, 2019**.

Name of 5th Grader: _____

Teacher: _____

Parent Name(s): _____

Email: _____

State/Driver's License Number: _____

_____ # of ad spaces at \$40 each \$_____ ad total

ATTENTION HEB SHOPPERS! As you purchase your groceries each week, there's a simple step you can take to support our school. For every \$100 HEB card you purchase through the PTO, Cambridge keeps 5% that goes directly into PTO programs supporting our school. You can purchase the cards as you go, or you can set up a recurring order for the school year. A PTO volunteer will deliver the cards to your home each month. Please contact Julie Bruton (jbruton@gmail.com) to set up your HEB Cards.

Join the Cambridge PTO: The Cambridge Parent Teacher Organization (PTO) supports Cambridge Elementary through monetary and volunteer needs. We hope that you'll get involved by joining as a member. Membership levels start at \$10 and increase in levels up to \$150. Membership is the first step to staying up to date on all of the ins and outs of our school and our organization. Visit CambridgePTO.org.

Follow us on Facebook & Instagram! Stay in the know with the Cambridge PTO by following us on [Facebook](#) (Cambridge Elementary PTO) and [Instagram](#) (@CambridgePTO)!