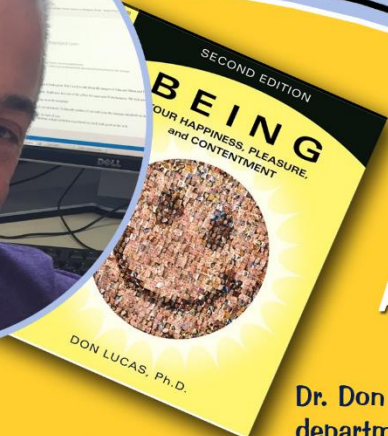




Parent Symposium



Saturday, October 29
AHHS Auditorium 8:30 - 11:30 AM

Keynote Speaker:
Dr. Don Lucas, Author
Being: Your Happiness, Pleasure, and Contentment

Dr. Don Lucas, Ph.D., is a professor and chair of the psychology department at Northwest Vista College. He is the author of the book, *Being: Your Happiness, Pleasure, and Contentment* (Hayden-McNeil). He has been teaching for three decades and was featured in the San Antonio Express-News newspaper and magazine SCENE in SA Monthly as one of San Antonio's top professors. His teaching has earned him a number of awards, including the NVC Excellence in Teaching Award, The San Antonio Chamber of Commerce Doctoral Achievement Award, and the National Institute for Staff and Organizational Development Excellence in Teaching Award.

Breakout Sessions:

Presenter: Dardie Pringle
Title: Talking about Mental Health
Increasing Literacy, Erasing Stigma

Presenter: Lisa Lucas
Title: Identifying Mistreatment
Identify the different forms of mistreatment and learn skills for conflict resolution

Presenter: Denise DeGeare
Title: Parenting Tech Talk
Navigating the Digital Landscape



Coffee and snacks
will be provided.

Vendor Exhibits

Sponsors:



Alamo Heights ISD



David's Legacy